

WALDO COUNTY GENERAL HOSPITAL  
 COASTAL SLEEP LABORATORY  
 BELFAST, MAINE 04915  
 207-930-2544

QUESTIONNAIRE #2

PATIENT NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

	None or a little of the time	Some of the time	A good part of the time	Most or all of the time
I feel downhearted, blue and sad.				
Morning is when I feel the best.				
I have crying spells or feel like crying.				
I have trouble sleeping through the night.				
I eat as much as I used to.				
I enjoy looking at, talking to, and being with attractive people.				
I notice that I am losing weight.				
I have trouble with constipation.				
My heart beats faster than usual.				
I get tired for no reason.				
My mind is as clear as it used to be.				
I find it easy to do the things I used to do.				
I am restless and can not keep still.				
I feel hopeful about the future.				
I am more irritable than usual.				
I find it easy to make decisions.				
I feel that I am useful and needed.				
My life is pretty full.				
I feel that others would be better off if I were dead.				
I still enjoy the things I used to do.				

